



4th Annual Powell Spring 5K

Category Results

6/4/2005 8:30:00 AM

Top Women

Category	Overall	First	Last	Age	Time	Pace
1	20	Emily	Sealscott	20	21:12	06:50
2	24	Paula	Jones	39	21:40	06:59
3	25	Gina	Piero	36	21:48	07:01

Top Men

Category	Overall	First	Last	Age	Time	Pace
1	1	Matthew	Trent	24	18:38	06:00
2	2	Mark	Lovett	34	18:50	06:04
3	3	Reddy	Brown	40	18:56	06:06

Age Group: <11 Women

Category	Overall	First	Last	Age	Time	Pace
1	108	Erin	Ebersbach	10	27:05	08:44
2	214	Danielle	Sloan	10	34:33	11:08
3	248	Arianna	Kaminski	10	38:58	12:34
4	250	Alyssa	McBride	10	40:19	13:00
5	256	Hannah	Carter	9	51:07	16:29

Age Group: <11 Men

Category	Overall	First	Last	Age	Time	Pace
1	42	Chase	Heath	9	22:46	07:20
2	185	Ryan	Jones	6	32:09	10:22
3	201	Tyler	Jones	8	33:42	10:52
4	212	Joshua	Baumbach	9	34:32	11:08
5	225	Alex	Hales	8	35:45	11:32
6	235	Seth	Szep	7	36:12	11:40
7	237	Connor	Chambers	9	36:41	11:50
8	239	Jake	McLaughlin	10	36:44	11:51



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Age Group: 11 to 14 Women

Category	Overall	First	Last	Age	Time	Pace
1	60	Devon	Moske	11	24:05	07:46
2	69	Ally	Carmendy	14	24:37	07:56
3	104	Nancy	Farris	13	26:52	08:40
4	121	Alyssa	Schramm	14	27:36	08:54
5	135	Amy	Chadwell	14	28:27	09:10
6	138	Hannah	Schramm	12	28:29	09:11
7	147	Sarah	Pusey	13	29:21	09:28
8	151	Sydney	Wiggins	13	29:39	09:33
9	161	Ashley	Torres	13	30:08	09:43
10	193	Alise	Sloan	14	33:04	10:40
11	196	Aggie	Gerhaidt	12	33:06	10:40
12	197	Ann Marie	Sloan	13	33:07	10:41
13	215	Sarah	Baumbach	11	34:36	11:09
14	236	Jenny	Hesseltine	14	36:19	11:43
15	241	Carly	Eggett	14	37:22	12:03
16	245	Gretchen	Stanley	11	38:48	12:31
17	246	Shelby	Woods	11	38:49	12:31
18	251	Kailey	McBride	12	40:53	13:11
19	252	Anna	Binkovitz	12	41:51	13:30
20	258	Amanda	Hedges	14	51:19	16:33

Age Group: 11 to 14 Men

Category	Overall	First	Last	Age	Time	Pace
1	4	Ross	Tyler	13	19:03	06:09
2	9	Ethan	Snyder	12	19:59	06:26
3	28	Andrew	Martin	13	21:56	07:04
4	31	Corey	Taber	13	21:58	07:05
5	37	David	Waybill	13	22:32	07:16
6	44	Michael	Cerutti	13	22:48	07:21
7	46	Rob	Flannery II	13	22:50	07:22
8	53	Nick	Kaczkowski	12	23:44	07:39
9	57	Max	Hunter	13	24:02	07:45
10	73	Bradley	Taber	12	24:47	07:59
11	75	Taylor	Smith	11	25:00	08:03
12	124	Spencer	Chambers	11	27:43	08:56
13	130	TJ	Wagner	13	28:15	09:07
14	192	Nick	D'Amico	11	32:26	10:27
15	230	Ryan	Rupa	11	36:06	11:38



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Category Results

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Age Group: 15 to 19 Women

Category	Overall	First	Last	Age	Time	Pace
1	41	Katie	Bagley	18	22:42	07:19
2	137	Shannon	Webb	15	28:28	09:11
3	178	Brittany	Welch	18	31:29	10:09
4	205	Karina	Yurchak	16	33:53	10:56
5	243	Shanley	Farris	18	37:32	12:06

Age Group: 15 to 19 Men

Category	Overall	First	Last	Age	Time	Pace
1	10	Taylor	Cluff	17	20:00	06:27
2	11	Brian	Amrine	17	20:16	06:32
3	35	Dustin	Welch	15	22:18	07:11
4	105	Vince	Stinnett	15	26:53	08:40

Age Group: 20 to 24 Women

Category	Overall	First	Last	Age	Time	Pace
1	26	Rachel	Lockrey	19	21:48	07:02
2	45	Jenny	Wittich	22	22:50	07:21
3	61	Mandi	Smith	23	24:11	07:48
4	81	Jessica	Lockrey	19	25:27	08:12
5	97	Karis	Schwab	20	26:24	08:31
6	116	Taryn	Briggs	22	27:32	08:53
7	158	Lynn	Lockrey	21	29:59	09:40
8	168	Whitney	Huss	21	30:34	09:51
9	191	Christina	Hesseltine	19	32:20	10:25
10	200	Shannon	McLoughlin	21	33:18	10:44
11	206	Jennifer	Schell	23	33:57	10:57

Age Group: 20 to 24 Men

Category	Overall	First	Last	Age	Time	Pace
1	43	Bryan	Burk	19	22:47	07:21
2	54	John	Thoma	22	23:51	07:41
3	59	Bruce	Culver	23	24:04	07:45
4	63	Bradley	Heitkamp	19	24:21	07:51
5	120	Dustin	Brown	24	27:35	08:53



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Age Group: 25 to 29 Women

Category	Overall	First	Last	Age	Time	Pace
1	87	Shalene	Leddingham	28	25:47	08:19
2	98	Ally	Glassburn	27	26:26	08:31
3	110	Aldjia	Hartfelder	27	27:06	08:44
4	112	Nicole	Garrett	25	27:16	08:47
5	134	Kerry	Suddes	29	28:23	09:09
6	175	Jennifer	Gatts	27	31:21	10:07
7	177	Jill	Hauser	28	31:29	10:09
8	221	Ginger	Derrow	25	35:25	11:25
9	222	Jodie	Engle	29	35:25	11:25
10	228	Kathryn	Naymik	27	35:55	11:35
11	229	Erin	Andry	29	36:00	11:36
12	233	Sharine	Thenard	28	36:07	11:39
13	254	Kelly	Spears	27	44:31	14:21

Age Group: 25 to 29 Men

Category	Overall	First	Last	Age	Time	Pace
1	18	Beau	Noonan	26	21:06	06:48
2	39	Mike	Medvedkov	29	22:39	07:18
3	78	Andrew	Spears II	27	25:08	08:06
4	131	Daniel	Yang	29	28:16	09:07
5	159	Keith	Maughan	28	30:04	09:42
6	170	Andrew	Furgiuele	25	30:52	09:57
7	219	Josh	Vittie	25	35:08	11:20

Age Group: 30 to 34 Women

Category	Overall	First	Last	Age	Time	Pace
1	58	Bonnie	Brokaw	33	24:03	07:45
2	64	Missy	Turner	32	24:25	07:52
3	88	Wendy	Lane	34	25:47	08:19
4	89	Kathy	Mockler	34	25:48	08:19
5	102	Jennifer	Mulligan	33	26:47	08:38
6	113	Tammy	Smith	32	27:17	08:48
7	133	Emi	England	31	28:22	09:09
8	156	Vatthana	Le	32	29:56	09:39
9	166	Jennifer	Erickson	33	30:30	09:50
10	173	Kelly	Stark	32	31:08	10:02
11	186	Kaitlin	Raver	33	32:10	10:22
12	187	Danielle	Williamson	31	32:18	10:25
13	210	Lori	Denning	33	34:31	11:08
14	220	Jennifer	Fourman	30	35:23	11:24
15	226	Christy	Heckel	33	35:46	11:32
16	227	Amy	Fischbach	33	35:49	11:33
17	240	Barbara	Szep	31	36:50	11:52
18	257	Cindy	Cape	32	51:18	16:33



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Age Group: 30 to 34 Men

Category	Overall	First	Last	Age	Time	Pace
1	7	Mark	Marshalek	34	19:30	06:17
2	8	Brent	Stark	32	19:46	06:22
3	50	Brian	Sabol	31	23:10	07:28
4	56	Ken	Barker	34	24:00	07:44
5	95	Tom	Wedding	30	26:20	08:29
6	114	Jerald	Andry	31	27:22	08:49
7	118	Peter	Yakimovich	31	27:33	08:53
8	122	Jason	Miller	32	27:38	08:54
9	143	Chris	Nicastro	33	29:06	09:23
10	148	Jed	Aston	30	29:31	09:31
11	183	Todd	Perdue	34	31:49	10:16
12	234	Ryan	Wittwer	32	36:07	11:39

Age Group: 35 to 39 Women

Category	Overall	First	Last	Age	Time	Pace
1	71	Julie	Wagner	36	24:44	07:58
2	76	Jaime	Baker	39	25:01	08:04
3	79	Chris	Kadlic	38	25:13	08:08
4	82	Nancy	Rinehart	39	25:39	08:16
5	100	Carol	Allen	36	26:44	08:37
6	106	Beth	Kern	35	26:58	08:42
7	115	Maria	Erickson	36	27:28	08:51
8	127	Joan	Landry	39	27:55	09:00
9	150	Kari	Gardner	36	29:38	09:33
10	152	Tracy	Butkovich	39	29:47	09:36
11	176	Kellie	Persinger	36	31:24	10:08
12	194	Laura	Anitori	38	33:05	10:40
13	202	Jean	Suhodolsky	36	33:42	10:52
14	204	Elizabeth	Borling	37	33:52	10:55
15	207	Laurie	Karr	37	34:01	10:58
16	216	Christine	Sloan	35	34:39	11:10
17	217	Jennifer	Scheetz	37	34:56	11:16
18	223	Cindy	Young	35	35:37	11:29
19	247	Trish	Schenk	38	38:57	12:33
20	253	Dana	Meeker	37	42:14	13:37
21	259	Kimberly	Bell	35	51:24	16:34
22	261	Elizabeth	Hughes	36	55:39	17:57



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Age Group: 35 to 39 Men

Category	Overall	First	Last	Age	Time	Pace
1	6	Eric	Voorhies	37	19:25	06:15
2	12	Ron	Elliott	36	20:20	06:33
3	14	Brue	Hoyt	37	20:25	06:35
4	15	Chris	Robino	35	20:40	06:40
5	16	Sean	Snyder	36	20:49	06:43
6	17	Ty	Kashmiry	35	20:56	06:45
7	22	Michael	Towne	37	21:24	06:54
8	27	John	Seibert	36	21:49	07:02
9	51	Dan	Wunderlich	35	23:14	07:29
10	62	Robert	Hales	36	24:14	07:49
11	66	Chris	Harper	35	24:29	07:53
12	67	John	Dirrig	39	24:31	07:54
13	68	Todd	Allen	37	24:32	07:55
14	74	Craig	Smith	39	24:54	08:02
15	77	Richard	Wagner	35	25:07	08:06
16	80	Steve	Young	35	25:19	08:10
17	119	Mike	Bambeck	35	27:35	08:53
18	132	Tim	Wagner	38	28:16	09:07
19	181	Patrick	Gleeson	39	31:37	10:12
20	184	Earle	Smith	36	32:09	10:22
21	203	Craig	Hart	37	33:46	10:53
22	249	Kevin	McBride	36	40:19	13:00

Age Group: 40 to 44 Women

Category	Overall	First	Last	Age	Time	Pace
1	86	Lisa	Whipps	43	25:47	08:19
2	103	Lori	Carmendy	41	26:52	08:40
3	109	Susanne	Ebersbach	40	27:05	08:44
4	129	Gail	Cook	41	28:05	09:03
5	139	Teresa	VanDyne	44	28:31	09:12
6	140	Patty	Francis-Schra	44	28:44	09:16
7	142	Arlene	Fedderson	41	29:01	09:21
8	157	Andrea	Franklin	40	29:59	09:40
9	169	Bonnie	Malcolm	41	30:47	09:55
10	174	Ronda	Garcia	43	31:20	10:06
11	188	Nadine	Evans	41	32:18	10:25



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Age Group: 40 to 44 Men

Category	Overall	First	Last	Age	Time	Pace
1	5	Jeff	Tesnow	43	19:11	06:11
2	13	Jon	Bates	40	20:22	06:34
3	23	Karl	von Valtier	41	21:31	06:56
4	29	Doug	Hunter	42	21:57	07:04
5	30	Chris	Lucia	40	21:58	07:05
6	32	Jerry	Marks	42	22:06	07:07
7	38	David	Riber	41	22:38	07:18
8	40	Robert	Rohde	44	22:40	07:18
9	47	Paul	Ranalli	41	22:59	07:25
10	48	Greg	Cashdollar	44	23:02	07:25
11	49	Marc	Dinopoulos	41	23:07	07:27
12	55	Brad	Hansen	42	23:52	07:41
13	65	Jeffrey	Maier	42	24:27	07:53
14	72	Charles	Levengood	42	24:47	07:59
15	91	Robert	Norman	40	25:52	08:20
16	93	Kip	Frost	40	26:16	08:28
17	96	Ben	Esker	40	26:20	08:29
18	99	William	Lawson	43	26:37	08:35
19	101	Jesse	Carter	44	26:45	08:37
20	107	Andy	Secrest	40	27:02	08:43
21	125	Jeff	Wallace	42	27:45	08:57
22	144	Jeffrey	Scholes	40	29:08	09:23
23	155	Matthew	Stinnett	41	29:54	09:38
24	162	James	Cummings	42	30:11	09:44
25	164	Sergio	Torres	41	30:15	09:45
26	165	Tony	Parsons	43	30:24	09:48
27	172	Wendell	Crain	41	31:01	10:00
28	198	Anthony	Paolo	41	33:13	10:43
29	209	Gary	Cluff	42	34:15	11:03
30	211	Barry	Mullen	42	34:31	11:08
31	213	Dale	Cox	40	34:33	11:08
32	224	Cedric	Ball	43	35:42	11:31
33	238	Carl	McLaughlin	44	36:44	11:51

Age Group: 45 to 49 Women

Category	Overall	First	Last	Age	Time	Pace
1	85	Joan	Perez	49	25:46	08:18
2	146	Lynn	Martin	47	29:16	09:26
3	154	Lorie	Eggett	47	29:53	09:38
4	179	Sandra	Briggs	45	31:32	10:10
5	182	Amelia	Smith	48	31:42	10:13
6	255	Carol	Garrett	48	47:19	15:15



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Age Group: 45 to 49 Men

Category	Overall	First	Last	Age	Time	Pace
1	21	Darrell	Ellison	47	21:18	06:52
2	70	James	Heitkamp	48	24:40	07:57
3	83	Bob	Yazrombek	45	25:41	08:17
4	94	Brian	Webb	47	26:17	08:28
5	126	Saul	Hernandez	49	27:48	08:58
6	128	Larry	Binkovitz	46	28:04	09:03
7	145	Matt	Farris	46	29:08	09:24
8	160	JC	Davis	47	30:08	09:43
9	163	Mark	Knore	45	30:12	09:44
10	180	Kevin	O'Brien	46	31:34	10:11
11	208	Jerry	Pasquariello	47	34:14	11:02
12	232	Bob	Musca	48	36:06	11:38

Age Group: 50 to 54 Women

Category	Overall	First	Last	Age	Time	Pace
1	117	Pam	Dobies	52	27:33	08:53
2	141	Deborah	Stype	50	28:55	09:19
3	149	Marge	Culver	51	29:32	09:31
4	153	Robin	Green	50	29:52	09:38
5	167	Susan	Parkinson	52	30:34	09:51
6	218	Kathleen	Ash	52	35:02	11:18
7	231	Susan	Myers	50	36:06	11:38

Age Group: 50 to 54 Men

Category	Overall	First	Last	Age	Time	Pace
1	19	David	Clark	51	21:10	06:49
2	33	Vernon	White	53	22:13	07:10
3	34	Mike	Hauser	54	22:17	07:11
4	36	Patrick	Smith	51	22:25	07:13
5	52	Danny	Brown	51	23:27	07:33
6	90	Mike	Hinton	50	25:51	08:20
7	111	Rick	Sealscott	51	27:15	08:47
8	171	Larry	Riley	53	30:57	09:59
9	189	Brent	Culver	50	32:18	10:25
10	242	Michael	Eggett	52	37:23	12:03

Age Group: 55 to 59 Women

Category	Overall	First	Last	Age	Time	Pace
1	190	Marianne	Hesseltine	56	32:19	10:25
2	244	Karen	Kirchhoff	55	38:39	12:28
3	260	Marilyn	Schwaigert	57	55:30	17:54



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Category Results

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Age Group: 55 to 59 Men

Category	Overall	First	Last	Age	Time	Pace
1	84	Matthew	Vail	55	25:46	08:18
2	92	Stephen	Johnson	55	26:12	08:27

Age Group: 60+ Women

Category	Overall	First	Last	Age	Time	Pace
1	199	Mary-Margar	Lewis	67	33:15	10:43

Age Group: 60+ Men

Category	Overall	First	Last	Age	Time	Pace
1	123	Dick	Nettles	62	27:40	08:55
2	136	Carl	Lewis	70	28:27	09:10
3	195	Roger	Jefferson	63	33:06	10:40